## From idea to the action

Youth Lab of Civic Initiatives



### who we are

- interregional and international youth civic education program
- four Siberian cities: Krasnoyarsk, Omsk, Tomsk, Novosibirsk
- initiative group of alumni of Theodor-Heuss-Kolleg in Siberia
- youth workers "from outside" of THK
- young trainers from different countries
- cooperation program of Theodor-Heuss-Kolleg (a program of Robert Bosh Foundation and MitOst e.V.)

### what we do

- we try to build young people to aktiv citizen
- throu raising awareness for being citizen

"Freiheit der vielen wächst aus innerer Freiheit der einzelnen" (Th. Heuss)

 we give our participants practical instruments for changing their surrounding and society

"Many little people in many different places making many little different things change the world"



## How we do it

- through seminars, trainings, financial supporting of low cost projects, mentoring, practical project work. Young people are invited to take part on the whole program year
- with different methods of trainings. Cognitive, emotional and practical.
- trusting participants, moving them to take over the responsibility, to participate on the points they want to change
- by building a network





## Regional context

- different institution supporting the program (ngo, administration, university, deputies...)
- different political and social situations in different cities
- other programs of social project management in Russia are bigger, expect from the participants more experience in project work, are more directive
- difficult relations with official youth policy

## International context

- MitOst e.V., Robert Bosh Foundation
- regional cooperation programs in Kaukasus, Balkan, Ukraine, Perm (Russia), Baltic region, Siberia (Russia) with different structures
- trainers from different countries
- new connections and partnerships between trainers / participants of cooperation programs

# Why project work?

- attitude to act, to participate vs only speaking in the kitchen /posting "v kontakte"
- Iearning by doing
- real little changes raise motivation for participation
- strategic and practical thinking, awareness of aims and issues
- good skills for professional future
- working together motivates to build proaktive groups



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